



QA Level 3 Award in

## Emergency First Aid at Work (RQF)



1 day  
course



Certificate  
valid for 3 years



Ofqual  
regulated

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### Is your Workplace Prepared?

**Did you know that an estimated 621,000 workers in Britain sustained an injury at work in 2015/16?**

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

The **QA Level 3 Award in Emergency First Aid at Work (RQF)** qualification is designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks introduced in the recent HSE changes.

### What's Covered?

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and AED use
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries
  - Cuts, grazes and bruises
  - Minor burns and scalds

### Be Prepared

#### Would you know what to do if you saw an infant or child in need of first aid?

Having a good understanding of emergency paediatric first aid is incredibly important for the safety of children and it could mean the difference between life and death.

The **QA Level 3 Award in Emergency Paediatric First Aid (RQF)** qualification has been designed in-line with the current Early Years Foundation Stage (EYFS) requirements and is ideal for:

- Those who have gained a level 2 or 3 childcare qualification and have entered into an early years setting and wish to be included in the staff to child ratios to comply with the EYFS requirements.
- Anyone who cares for infants and children, such as parents, guardians, grandparents or those who have an involvement with infants and children and want to learn key paediatric first aid skills.

Successful candidates will learn the roles and responsibilities of the emergency paediatric first aider, and will be equipped with the skills needed to deal with a range of paediatric first aid situations, such as performing CPR and controlling external bleeding.

Newly qualified entrants to an early years setting who have completed a level 2 (or level 3) qualification on or after 30th June 2016, must also have either a full paediatric first aid or an emergency paediatric first aid certificate within three months of starting work.

### What's Covered?

- The roles and responsibilities of an emergency paediatric first aider
- Assessing an emergency situation
- Dealing with an unresponsive infant or child
- Recovery Position
- CPR and AED
- Choking
- Minor Injuries
- Bites and Stings
- Seizures
- External Bleeding
- Hypovolaemic shock

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